## **Example calendar for long-term care**

## 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 11AM Church Service in LC 2PM Vespers in Chapel 4PM Raisin Science	2 10AM News You Can Use 11AM Devotions 12PM Reminisce 1PM Exercise Class 2PM Travelogue 3PM Oregon Trail Info	2 10AM News You Can Use 1030AM Communion, Prayer Service & Rosary 11AM Art & Craft Class 12PM Reminisce 1PM Exercise Class 2PM City of Roses 3PM Tiger Trivia/Info	4 10AM News You Can Use 1030AM Devotions 11AM Bible Study Class 12PM Reminisce 1PM Exercise Class 2PM Snack Time Trivia 3PM Scavenger Hunt	5 10AM News You Can Use 1030AM Devotions 11AM Bingo 12PM Reminisce 1PM Exercise Class 2PM Norman Rockwell Day 3PM Sing-along	6 10AM News You Can Use 1030AM Devotions 11AM Bingo 12PM Reminisce 1PM Exercise Class 2PM Snickers Day 3PM Humor Me	7 11AM Exercise Class 1PM Art Class 2PM Sing-along 3PM Motown Info
8 11AM Church Service in LC 2PM Vespers in Chapel 4PM Football History	9 10AM News You Can Use 11AM Devotions 12PM Reminisce 1PM Exercise Class 2PM Travelogue 3PM White House Trivia	10 10AM News You Can Use 1030AM Communion, Prayer Service & Rosary 11AM Art & Craft Class 12PM Reminisce 1PM Exercise Class 2PM Constellations 3PM Wii Bowling	11 10AM News You Can Use 1030AM Devotions 11AM Bible Study Class 12PM Reminisce 1PM Exercise Class 2PM 40's Music Trivia 3PM Scavenger Hunt	12 10AM News You Can Use 1030AM Devotions 11AM Bingo 12PM Reminisce 1PM Exercise Class 2PM Watercolor Class 3PM Sing-along	13 10AM News You Can Use 1030AM Devotions 11AM Bingo 12PM Reminisce 1PM Exercise Class 2PM Umbrella Day 3PM Card Games	14 11AM Exercise Class 1PM Art Class 2PM Wii Bowling 3PM Sport Trivia
15 11AM Church Service in LC 2PM Vespers in Chapel 4PM Sidney Poitier Info	16 10AM News You Can Use 11AM Devotions 12PM Reminisce 1PM Exercise Class 2PM Travelogue 3PM Bernadette Peters Info	17 10AM News You Can Use 1030AM Communion, Prayer Service & Rosary 11AM Art & Craft Class 12PM Reminisce 1PM Exercise Class 2PM Chain Store Day 3PM Mocktails	18 10AM News You Can Use 1030AM Devotions 11AM Bible Study Class 12PM Reminisce 1PM Exercise Class 2PM Sitcom Trivia 3PM Scavenger Hunt	19 10AM News You Can Use 1030AM Devotions 11AM Bingo 12PM Reminisce 1PM Exercise Class 2PM Potato Pancake Day 3PM Sing-along	20 10AM News You Can Use 1030AM Devotions 11AM Bingo 12PM Reminisce 1PM Exercise Class 2PM Movie & Manicures 3PM Board Games	21 11AM Exercise Class 1PM Art Class 2PM Make a Fairytale 3PM Name the Fairytale
22 11AM Church Service in LC 2PM Vespers in Chapel 4PM Elizabeth Taylor Info	23 10AM News You Can Use 11AM Devotions 12PM Reminisce 1PM Exercise Class 2PM Travelogue 3PM DNA Discovery Day	24 10AM News You Can Use 1030AM Communion, Prayer Service & Rosary 11AM Art & Craft Class 12PM Reminisce 1PM Exercise Class 2PM All the Presidents 3PM Piano Music	25 10AM News You Can Use 1030AM Devotions 11AM Bible Study Class 12PM Reminisce 1PM Exercise Class 2PM Ocean Trivia 3PM Scavenger Hunt	26 10AM News You Can Use 1030AM Devotions 11AM Bingo 12PM Reminisce 1PM Exercise Class 2PM Carrot Cake Day 3PM Sing-along	27 10AM News You Can Use 1030AM Devotions 11AM Bingo 12PM Reminisce 1PM Exercise Class 2PM Movie & Manicures 3PM Funny Friday	28 11AM Exercise Class 1PM Art Class 2PM Fred Rogers Info 3PM Movie
29 11AM Church Service in LC 2PM Vespers in Chapel 4PM Polar Bear Triva/Info	30 10AM News You Can Use 11AM Devotions 12PM Reminisce 1PM Exercise Class 2PM Travelogue 3PM Cowboy Trivia/Info	31 10AM News You Can Use 1030AM Communion, Prayer Service & Rosary 11AM Art & Craft Class 12PM Reminisce 1PM Exercise Class 2PM Girl Scout Trivia 3PM Word Games				